



SAFE WORK PRACTICE

TITLE	COVID-19 Identification and Control
GENERAL	Protecting workers from illness and complications from the COVID-19 virus.
APPLICATION	Educating workers in the signs and symptoms of COVID-19, dictating effective hygiene practices and procedures for isolating suspected cases.
PROTECTIVE MECHANISMS	Safe work procedure Provincial Health Services recommendations PPE
SELECTION AND USE	As per safe work procedure Provincial Health Services recommendations
GENERAL INFORMATION	<p><i>Signs & Symptoms of COVID-19</i></p> <p>Symptoms typically include:</p> <ul style="list-style-type: none"> • Fever • Cough • Extreme tiredness • Shortness of breath <p>According to the CDC, symptoms of COVID-19 may appear in as few as 2 days or as long as 14 days after exposure.</p> <p><i>How COVID-19 Spreads</i></p> <ul style="list-style-type: none"> • Mainly through person-to-person contact • Between people who are in close contact with one another (within about 6 feet) • Through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. • Less common is touching a surface or object that has the virus on it then touching mouth, nose or possibly eyes. Not thought to be the primary way the virus spreads.
SUPERVISOR RESPONSIBILITY	<p>Supervisors are responsible for:</p> <ul style="list-style-type: none"> • Communicating procedure to all workers. • Enforcing and participating in appropriate hygiene and housekeeping practices. • Encouraging and participating in social distancing and work assignment. • Monitoring workers and isolating as necessary.



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WORKER RESPONSIBILITY	<ul style="list-style-type: none">• Frequent hand washing with soap and running water if available.• Use alcohol-based hand rubs containing at least 60% alcohol.• Stay home if sick.• Notify supervisor if showing symptoms of COVID-19.• Practice respiratory etiquette, cover cough and sneezes.• Use tissues and immediately dispose of.• Practice social distancing.• Avoid use of other worker's phones, desks, offices or other work tools and equipment, when possible.• Maintain regular housekeeping practices.• Clean and disinfect surfaces, tools and equipment regularly with approved cleaning agent.
<p>* The information presented in this publication is intended for general use and may not apply to every circumstance. It is not a definitive guide to government regulations and does not relieve persons using this publication from their responsibilities under applicable legislation.</p>	